

<u>WEEK THREE</u> <u>COMMENCING</u>	MONDAY <i>20th Sept/ 11th Oct/ 8th Nov/ 29th Nov/ 20th Dec/ 24th Jan/ 14th Feb</i>	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN DISH	PORK SAUSAGE OR QUORN SAUSAGE HASH BROWNS BEANS <i>T/D/V</i>	CHICKEN CURRY OR CHICKPEA CURRY RICE MIXED VEGETABLES <i>V/T/D</i>	BEEF SHEPERD PIE OR VEGETABLE SHEPERD PIE MINI YORKSHIRE PUDDINGS CARROTS/BROCCOLI <i>V/D/T</i>	CHICKEN NUGGETS OR VEGETABLE NUGGETS POTATO SMILES SWEETCORN <i>V/G/D</i>	FISH FINGERS OR FISH FREE FINGERS CHIPS SPAGHETTI HOOPS <i>V/T/F/D</i>
PUDDING	RICE PUDDING	CARROT CAKE	JELLY & CREAM	RICE KRISPIE CAKE	ICED SPONGE CAKE
BREAD SERVED DAILY	V= VEGETARIAN	G=GLUTEN	D=DAIRY	T=TOMATO	F=FISH

FRESH FRUIT SERVED DAILY